

REPORT ON ORIENTATION PROGRAMME FOR GIRL STUDENTS

An orientation programme for girl students was conducted on **13th March 2026** at **12:30 PM** in the **College Auditorium**. The programme was organized with the primary objective of creating awareness among female students about various issues related to women and equipping them with the knowledge and confidence to handle different life situations effectively.

The session focused on sensitizing students to the social, emotional, and personal challenges faced by women in contemporary society. It emphasized the importance of self-awareness, personal safety, and decision-making skills to deal with difficult situations in a better and more informed manner.

A significant portion of the programme was dedicated to **health and hygiene awareness**. The session included discussions on common health issues faced by young women and highlighted essential precautions for maintaining physical and mental well-being. Special attention was given to **menstrual health and hygiene**, where students were educated about proper care during menstruation, the importance of hygiene practices, and ways to overcome taboos and misconceptions associated with it.


The orientation programme was **entirely handled by the members of the Women's Club**, who actively interacted with the students and led the session. Their peer-driven approach created a comfortable and open environment, encouraging students to participate actively, share their concerns, and clarify their doubts.

All members of the **Women's Club** actively participated in organizing and conducting the programme, ensuring its smooth execution and success.

The orientation programme proved to be highly beneficial in enhancing awareness, promoting healthy practices, and empowering girl students with the knowledge required to face various challenges confidently.



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